



**HUKUM SINGH BORA**  
**GOVERNMENT DEGREE COLLEGE, SOMESHWAR (ALMORA)**



**ORGANIZES**

**NATIONAL WEBINAR**  
**ON THE OCCASION OF**

**7<sup>TH</sup> INTERNATIONAL DAY OF YOGA**

**(21<sup>ST</sup> JUNE, 2021)**

**“करो योग - रहो निरोग”**



***CHIEF GUEST***

**Prof. Narendra Singh Bhandari**  
**Vice- Chancellor**

**Soban Singh Jeena University Almora, Uttarakahnd**



***INAUGURAL ADDERESS***



**Prof. (Dr.) Yogesh Kumar Sharma**  
**Principal**



***KEYNOTE SPEAKER***



**Dr. Naveen Chandra Bhatt**  
**HOD, Department of Yoga**  
**Soban Singh Jeena**  
**University, Almora**

***RESOURCE PERSONS:***



**Dr. D.N. Sharma**

**Vice President: International Naturopathy Organization**  
**Member, Scientific Advisory Committee**  
**Ministry of Ayush, Govt. of India**



**Dr. Seema Chauhan (Assistant Professor)**

**Department of Yogic Science**  
**D.S.B Campus, Kumaun University Nainital**

**• No Registration Fee**

**↓ Click here to start your Registration**

<https://forms.gle/LuWUDvCuBv3ps1MJ8>



- To Join Webinar: All participants will get Google meet link on their Email ID / WhatsApp group**
- To Join group click here → [WhatsApp group](#)**

**NOTE: E- Certificate will be provided to all the participants**

**Dr. Pushpa Bhatt**  
**Assistant Professor**  
**Dept. of Sociology**  
**Co-Organizing Secretary**

**Aparna Singh**  
**Assistant Professor**  
**Dept. of History**  
**Organizing Secretary**

**Dr. Archana Joshi**  
**Assistant Professor**  
**Dept. of History**  
**Co- Convener**

**Puja**  
**Assistant Professor**  
**Dept. of Commerce**  
**Convener**

**PRESS MEDIA  
COMMITTEE :**

DR. BALDEV RAM

DR. C.P. VERMA

DR.VIPIN

MR. VINOD MEHRA

MR.KUNDAN SINGH BISHT

**TECHNICAL SUPPORT  
COMMITTEE:**

DR.RAKESH PANDEY

DR.SANJU

DR.AMITA PRAKASH

DR.B.P. DURGAPAL

MR.RAJNEESH KUMAR

**ORGANISING  
COMMITTEE:**

DR. JAGDISH PRASAD

DR. PRACHI TAMTA

DR. ANCHAL SATI

DR.KANCHAN VERMA

DR.SHALINI TAMTA

DR.BHAWNA UPADHYAY

DR.NEETA TAMTA

**Contact Details:**

+919456138619,+918130675991,  
+918006681086,+918449719712

**College Website:**

<http://hsbgdcsomeshwar.in/>

**Email us at:**

[webinarcollege0803@gmail.com](mailto:webinarcollege0803@gmail.com)

**WEBINAR SCHEDULE**

DATE : 21<sup>ST</sup> JUNE ,2021

Time:11:30AM (Monday)

**11:30AM - WELCOME & INTRODUCTION**

Dr. Aparna Singh (Asst.Prof)

**11:35AM - WELCOME ADDRESS**

Prof. Y.K.Sharma (Principal)

H.S.B.G.D.College Someshwar

**11:40AM: - ABOUT THE WEBINAR**

Dr. Archana Joshi ( Asst. Prof)

**11:45AM: - CHEIF GUEST ADDRESS**

Prof. N.S. Bhandari

(Vice Chancellor)

S.S.J. University,Almora

**11:55 PM: - KEYNOTE SPEAKER**

Dr. Naveen Bhatt

( HOD, Department of Yoga)

S.S.J.University, Almora

**12:15PM: - GUEST SPEAKER**

Dr. D.N. Sharma

(Topic- "Role of Ayurveda to save children from  
Covid-19 pandemic")

**12:35PM: - GUEST SPEAKER**

Dr. Seema Chauhan

(Topic – "Emotional Control Through Yoga and  
Meditation")

**12:45PM: - DISCUSSION SESSION**

**12:50PM:- ADDRESS BY PRINCIPAL**

H.S.B.G.D.College, Someshwar(Almora)

**12:55 PM: - VOTE OF THANKS**

Ms. Puja ( Asst. Prof)

**1:00PM:- REICITING VANDE MATARM**